

Newsletter



Announcements

Please join us on



Message from the Principal Mindset works

Parenting is really hard.
Having a growth mindset helps.

Research shows that parents can have a powerful impact on their children's mindsets. The language you use and the actions you take show your children what you expect. Giving process praise, talking about the brain, accepting mistakes as learning opportunities, and understanding the role of emotions in learning are all practices you can begin today.

Say This, Not That

The way we praise our children can have a profound impact on their mindset. Research on praise and mindsets shows that when we praise children for being smart, it promotes a fixed mindset. It sends a message that their accomplishments are trait-based, and tied to something innate. In contrast, praising kids for working hard promotes a growth mindset. It sends a message that the child's effort is what led them to success. Want more tips on what to say, and what not to say, when praising your kids? Say This, Not That!

Say This Not That

"I can see you worked so hard on this!"

"You are so smart!"

"It seems like it's time to try a new strategy."

"It's okay. Maybe you're just not cut out for this!"

"I like watching you do that."

"You're a natural at that!"

"It looks like that was too easy for you. Let's find you something challenging so your brain can grow."

"That's right! You did that so quickly and easily; great job!"

"That's not right. You don't understand this yet. What strategies can you try to understand it better?"

"That's not right. Are you paying attention in class? It seems like you're not even trying."

"That was really hard. Your effort has paid off! Next time you'll be ready for this kind of challenge!"

"That was really hard. I'm so glad it's over and you don't have to do that again."

"You've worked hard to become a good writer. You should challenge yourself with an advanced class, and learn something you don't know how to do yet."

"You have a real talent for writing. You should take a creative writing class because you're so good at it."

Say this because putting your children in the challenge zone is how to inspire lifelong learning.

Do not say this because if you only encourage your children to do what they're good at, they'll be afraid to take risks and learn new things.



Turkey Trot

PYA will hold our first Annual Turkey Trot on November 17th.

Each class will compete in a race. The winner will receive a frozen turkey. We are looking for donations of frozen turkeys. Please email Dr. Spessard at sspessard@stocktonusd.net if you are able to donate.

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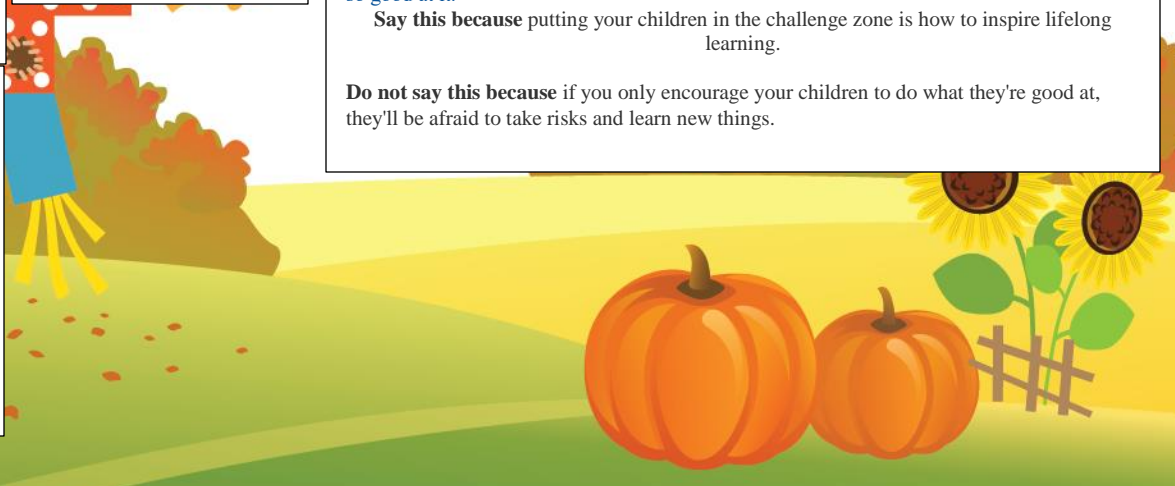
FAMILY MOVIE NIGHT

Featuring



Despicable Me 3

Friday, November 17, 2017
at 6:00 pm



IB Coordinator's Corner

Hello PYA Families,

Another component of IB's five essential elements are the key concepts. The key concepts help define what we want students to understand. A concept is a big idea that is long lasting and helps guide our inquiries and learning. There are eight key concepts that we use in IB: form, function, causation, change, connection, perspective, responsibility, and reflection. Each of these concepts are usually framed in a question to help guide inquiry into the unit that we are studying. For instance, when discussing the concept of responsibility during a unit on habitats, we may ask "What is our responsibility in protecting the environment?" These concepts help shape the learning for our students now and as they grow to be lifelong learners. Ask your child about what concept they are working on. If they are not sure, encourage them to ask their teachers and come back to you with the information.

Thank you.

Hola familias PYA,

Otro componente de los cinco elementos esenciales de IB son los conceptos clave. Los conceptos clave ayudan a definir lo que queremos que los alumnos entiendan. Un concepto es una gran idea que es duradera y ayuda a guiar nuestras investigaciones y aprendizaje. Hay ocho conceptos clave que usamos en IB: forma, función, causalidad, cambio, conexión, perspectiva, responsabilidad y reflexión. Cada uno de estos conceptos suele enmarcarse en una pregunta para ayudar a orientar la investigación de la unidad que estamos estudiando. Por ejemplo, cuando se discute el concepto de responsabilidad durante una unidad en hábitats, podemos preguntar: "¿Cuál es nuestra responsabilidad en la protección del medio ambiente?". Estos conceptos ayudan a dar forma al aprendizaje de nuestros estudiantes ahora y a medida que crecen aprendiendo durante toda la vida. Pregúntele a su hijo en qué concepto están trabajando. Si no están seguros, aliéntelos a que pregunten a sus profesores y vuelvan a usted con la información.

Gracias.



UNIVERSITY OF THE PACIFIC

The 7th Annual Christmas Faraday Lecture

Honoring a tradition that was started in the 1820s at the Royal Institution, two Pacific chemistry professors dressed as 19th century chemists will carry out experiments that explode, change colors and delight an audience of all ages. The event is free and open to the public and no tickets are needed for admission.

Chemistry is Orange & Black and many other colors

December 8th 6 – 7:30 pm
Alex G. Spanos Center

U N I V E R S I T Y O F T H E P A C I F I C
D E P A R T M E N T O F C H E M I S T R Y

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